

Cotswold Rowing Club

STATEMENT OF HEALTH AND SAFETY POLICY

Under the Health and Safety at Work Etc Act 1974

Policy Date:
20/08/2012

Author:
Peter Pendlebury

Address:
Lake 32 Cotswold Water Park
Spratsgate lane
Shorncote
Near Cirencester
Gloucestershire GL7 6DF

Telephone:
01285 861202

Email:
peter@ukwatersports.co.uk

Site Address
Waterland Outdoor Pursuits
Lake 32 Keynes Country Park
Spratsgate Lane, Shorncote
Nr Cirencester
Gloucestershire. GL7 6DF

Please note ** where a mention is made of employees it is presumed they are Coaches or Committee Members which are working for Cotswold Rowing Club.

1. Statement of Intent

1. It is the policy of the Cotswold Rowing Club to take all measures which are reasonably practicable to:

- (a) Ensure the health, safety and welfare of all persons that attend the Cotswold Rowing Club functions; and
- (b) Protect employees, visitors to premises and the public generally against risks to their health and safety at work which may arise from this organisation's activities.

The organisation undertakes to provide the necessary resources and seeks the co-operation of all persons at the workplace with a view to implementing the requirements of the Health and Safety at Work etc Act 1974 and the relevant statutory provisions shown at Appendix A to this Statement.

The Health & Safety Officer, Mr Peter Pendlebury, has general responsibility for implementing this Statement of Health and Safety Policy.

2. The organisation undertakes, so far as is reasonably practicable:

- (a) To provide and maintain plant and systems of work that are safe and without risks to health;
- (b) To arrange for ensuring safety and the absence of risks to health in connection with the use, handling, storage and transport of articles and substances;
- (c) To provide such information, instruction, training and supervision as is necessary to ensure the health and safety at work of all persons at work;
- (d) To maintain all places of work in a condition that is safe and without risks to health, including the means of access to and egress from such places of work;
- (e) To provide and maintain a working environment for persons at work that is safe and without risks to health, with adequate arrangements for the welfare of such persons;
- (f) To define the responsibilities for health and safety of all persons at work;
- (g) To promote joint consultation and employee involvement in health and safety at work;
- (h) To identify any hazards which may exist and bring these hazards, together with the precautions necessary, to the attention of persons at work;
- (i) To record and investigate accidents and the causes of occupational ill-health;
- (j) To monitor health and safety performance of the organisation on a regular basis; and
- (k) To review this Statement of Health & Safety Policy on a regular basis.

In this Statement of Health and Safety Policy, 'all persons at work' include:

- (a) Club Officials;
- (b) Coaches;
- (c) Volunteers;
- (d) Members;

- (f) Other persons visiting the premises of the organisation;
- (g) Employees of other organisations affected by the organisation's work activities; and
- (h) Members of the public who may be affected by their work activities.

At the time of preparation of this Statement of Health and Safety policy the above persons are as follows:

- (a) Terry Hardie
- (b) Peter C Pendlebury
- (c) Mr Rod Follit
- (e) Tony Hynes
- (f) Martin Patterson
- (g) Russell Carver

The Health & Safety Advisor to the organisation is Mr Pendlebury

The Safety Officer to the organisation is Peter C Pendlebury

2. The Organisation and arrangements for implementing this Health and Safety Policy

The Club Committee and Coaches are responsible for health and safety throughout the organisation and will monitor the implementation of this health and safety policy on a regular basis.

In particular:

1. Individual Responsibilities

The Club Chairman, Mr Terry Hardie, has ultimate responsibility for the health and safety at work of all persons at work, including members of the public who may be affected by the organisation's activities. Club Committee and coaches have responsibility for ensuring the health and safety of persons at work, contractors and visitors in their areas of responsibility respectively. Individual responsibilities are shown at Appendix B to this Statement of Health and Safety Policy.

2. Legal Requirements

Club Committee and coaches will take all necessary measures to ensure compliance by the organisation with legal requirements and duties. They will, in particular, take into account Approved Codes of Practice and Guidance Notes published by British Rowing and the Health and Safety Commission and Health and Safety Executive respectively, together with information provided by the organisation's health and safety adviser.

3. Health and Safety Instruction and Training

Committee members and Coaches, in conjunction with the health and safety adviser, are responsible for the identification of the general and specific health and safety instruction and training needs of all persons at work

Health and safety instruction and training will be undertaken in accordance with Appendix H of this Statement of Health and Safety Policy.

4. Health and Safety Information

Club Committee, in conjunction with the safety officer, will ensure the dissemination of comprehensible and relevant health and safety information to all persons at work. Facilities will be provided whereby the relevant health and safety information can be acquired or read by persons at work.

5. Joint Consultation

Club Committee will ensure that there is an effective system for joint consultation with employees and other persons at work on health and safety-related issues.

6. Risk Assessment and Safe Systems of Work

The organisation recognises its duties as employers to undertake suitable and sufficient risk assessments which, in some cases, may lead to formally-documented health and safety management systems, including the preventive and protective measures necessary to prevent or control exposure to hazards.

Risk assessments will be undertaken and, where necessary, appropriate preventive and protective measures prepared, documented and implemented by Club committee for those workplaces, activities and tasks where there is a risk of injury or occupational ill-health.

Where appropriate, all persons at work will be trained and supervised in the implementation of documented safe systems of work and other precautionary measures arising from risk assessments.

7. Safety Monitoring and Hazard Reporting

Club Committee will ensure there is an effective system of safety monitoring at individual locations, including regular workplace inspections. Recommendations arising from safety monitoring will be implemented with as far as is

reasonably practicable.

A formal procedure, whereby persons at work may report hazards and shortcomings in protection arrangements, will be maintained.

8. Accident and Ill-Health Reporting, Recording and Investigation

Club Committee will ensure there is an effective system for the reporting and recording of accidents and ill-health involving persons at work, visitors and contractors' employees in accordance with current legal requirements.

All accidents and cases of occupational ill-health must be investigated with a view to identifying the causes, both direct and indirect, and remedial measures to prevent recurrences. Remedial measures arising from investigation must be implemented forthwith.

9. Welfare Amenity Provisions

Club Committee will ensure that welfare amenity provisions i.e. sanitation, hand washing, showering facilities, clothing storage, drinking water and facilities for taking meals, are provided and properly maintained.

10. First Aid Arrangements

Club Committee will ensure adequate provision of first aid treatment for employees and other persons present.

Travelling first aid kits will be provided for all persons working away from base on a regular basis.

11. New Work Equipment and Project Work

Club Committee will ensure that all new work equipment, processes and project work do not expose persons at work to risk of injury and/or ill-health.

12. Maintenance of the Workplace, Equipment, Systems and Devices

Club Committee will ensure there is a satisfactory and effective system for maintaining workplaces, equipment, safety systems and safety devices in an efficient state, in efficient working order and in good repair, including the frequent examination, testing and maintenance of any equipment and any safety systems and safety devices to such equipment.

13. Emergency Procedure

Club Committee will ensure there is a formally established procedure to cover identified major emergencies, including the appointment of competent persons to oversee the implementation of any evacuation procedures incorporated in such emergency procedure.

14. Contractors' Activities

Club Committee will ensure there is an effective procedure for regulating the activities of both large and small contracting activities and in accordance with the organisation's Contractors Health and Safety Regulations or Rules for the Safety Conduct of Project Work.

15. Hazardous Substances

Club Committee will ensure that substances classified as 'hazardous to health' are identified, assessed and controlled in such a way as to prevent risk of injury or ill-health to persons at work during their use, handling, storage or transport at work.

Club Committee will ensure that flammable and explosive substances are identified and controlled in such a way as to prevent the risk of fire and explosion during their use, handling, storage or transport at work.

Club Committee will ensure that sufficient information relating to the hazards and precautions necessary in the use handling, storage and transport of hazardous substances is provided to persons at work who may be exposed to such substances.

16. Security and Violence at Work

Club Committee will take all reasonably practicable measures to protect all persons at work from physical assault, harassment, bullying, vandalism and theft of property, arson and bomb attack.

17. Fire Prevention and Protection

Club Committee will ensure that arrangements for fire prevention and protection are adequate and maintained. Fire drills will be undertaken on a basis of need. Under The new regulations commencing October 1st 2006 fire risk assessments will be undertaken and reviewed annually.

18. Advice and Information

Advice and information on aspects of health and safety at work is available from the health and safety adviser.

Signed

Mr Terry Hardie Chair,
Cotswold Rowing Club

20/08/2012

1. Current Health and Safety Legislation affecting this organisation

Appendix A

The following statute and regulations ('the relevant statutory provisions') apply to the organisations operations and activities.

Health and Safety at Work etc Act 1974
Children (Protection at Work) Regulations 1998
Construction (Head Protection) Regulations 1989
Control of Substances Hazardous to Health Regulations 1999
Electricity at Work Regulations 1989
Employers' Liability (Compulsory Insurance) Regulations 1999
Health and Safety (Safety Signs and Signals) Regulations 1996
Health and Safety (First Aid) Regulations 1981
Health and Safety (Information for Employees) Regulations 1998
Highly Flammable Liquids and Liquefied Petroleum Gases Regulations 1972
Management of Health and Safety at Work Regulations 1999
Manual Handling Operations Regulations 1992
Personal Protective Equipment at Work Regulations 1992
Provision and Use of Work Equipment Regulations 1998
Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995
Safety Signs Regulations 1980
Workplace (Health, Safety and Welfare) Regulations 1992

And

Fire Precautions Act 1971
Fire Precautions (Workplace) Regulations 1997

2. Individual Duties and Responsibilities for Health and Safety at Work Appendix B

1. Club Chairman MrTerry Hardie

Peter Pendlebury, Safety Advisor, will ensure there is an effective Statement of Health and Safety Policy and will periodically assess the effectiveness of same. Club Committee and Coaches are primarily responsible for demonstrating commitment and leadership on matters relating to health and safety in areas under their control.

In particular, they are responsible for:

- (a) co-ordinating the implementation of this Statement of Health and Safety Policy in the areas under their control;
- (b) Monitoring and reviewing the effectiveness of this Statement of Health and Safety Policy in terms of its application to the particular operations and activities of the division/department/area of control;
- (c) Ensuring the development and implementation of health and safety information, instruction and training for their managers and employees;
- (d) Promoting health and safety awareness within their respective areas of control;
- (e) Keeping themselves informed of incidents, accidents and ill-health arising within their division/department/area of control;
- (f) Monitoring systems for ensuring the provision and maintenance of safe work equipment, working conditions and systems of work in their respective areas of control;
- (g) Monitoring procedures for the provision and maintenance of personal protective equipment for employees within their area of control;
- (h) Monitoring the provision and maintenance of welfare facilities, including first aid and fire protection procedures within their Areas of control;
- (i) monitoring health and safety performance, including the successful implementation of health and safety management systems by Club Committee and employees, systems for the reporting, recording, investigation and analysis of accidents and ill-health to persons at work;
- (j) monitoring the effectiveness of joint consultation procedures on health and safety matters;
- (k) co-ordinating health and safety training activities and the provision of information to persons at work.

3. All Persons at Work

All persons at work must:

- (a) take reasonable care for their own health and safety, and that of other persons at work, together with members of the public, who may foreseeable be affected by their acts or omissions at work;
- (b) co-operate with club management so far as is necessary for them to comply with current health and safety legislation; and
- (c) not intentionally or recklessly interfere with or misuse anything provided for the purpose of health and safety at work in furtherance of a statutory requirement.

In particular, every person at work must:

- (a) use any machinery, equipment, dangerous substance, transport equipment, means of production or safety device provided to him in accordance with any training in the use of the equipment concerned which has been received by him and the instructions respecting that use which have been provided by the club management; and

(b) inform their immediate manager:

(i) of any work situation which represents a serious and immediate danger to health and safety;

(ii) of any matter which represents a shortcoming in the organisation's protection arrangements for health and safety.

4. Health and Safety Adviser

The health and safety adviser will provide an advisory service to club committee, coaches, employees and other persons at work with regard to:

(a) health and safety policy formulation and development;

(b) structuring and operating all parts of the organisation (including the supporting systems) in order to promote a positive health and safety culture and to secure effective implementation of policy;

(c) planning for health and safety, including the setting of realistic short-term and long-term objectives, deciding priorities and establishing adequate performance standards;

(d) to-day implementation of policy and plans, including accident and incident investigation, reporting and analysis; and

(e) reviewing performance and auditing the whole management system.

To fulfil these functions, the health and safety adviser will:

(a) maintain adequate information systems on relevant law, guidance and developments in general and safety management practice;

(b) be able to interpret the law and understand how it applies to the organisation;

(c) establish and keep up-to-date organisational and risk control standards;

(d) establish and maintain procedures for the reporting, investigation, recording and analysis of accidents, occupational ill-health and incidents;

(e) establish and maintain adequate and appropriate monitoring and auditing systems;

(f) ensure the provision of health and safety information, instruction and training to employees and other persons at work in accordance with current legal requirements; and

(g) present advice in an independent and effective manner, safeguarding the confidentiality of personal information.

The safety officer has the following relationships:

Within the organisation

With the Club Chairman, Club committee and coaches on matters of policy and implementation of that policy.

Outside the organisation

Liaison with enforcement officers of the Health and Safety Executive, environmental health officers, local police and fire service officers, equipment suppliers, licensing officials, insurance company liability surveyors, British Rowing Development Office, British Rowing, contractors and members of the public.

3. The Hazards that can arise and the precautions necessary on the part of all persons at work

Hazards:	Precautions DO:	Precautions DO NOT
Careless/unsafe behaviour	Take reasonable care for your health and safety and that of other persons, including members of the public	Intentionally or recklessly interfere with or misuse anything provided for the purpose of health and safety at work
	Co-operate with management to enable them to comply with legal requirements	Use recklessly any equipment provided for your safety such as floatation aids
	Keep your working area clean and tidy	Keeping the craft area in a neat and tidy fashion grass cut and boats and other equipment stored correctly.
	Walk on slippery floors or paths, especially when wet	
	Wear protective clothing/equipment provided as instructed	This applies to all boat drivers, floatation aid must be worn. In inclement weather, proper wet weather gear is to be worn

Hazards:	Precautions DO:	Precautions DO NOT
Dangerous Situations	Inform your immediate manager of any work situation which represents a serious and immediate danger or where there may be a shortcoming in management's protection arrangements	Do Not Ignore
	Report this to Mr Peter Pendlebury or Mr T Hardie	Do Not Ignore

Hazards:	Precautions DO:	Precautions DO NOT
Slip, trips and falls	Take care when walking on surfaces that may be slippery	Read whilst walking Run On Jetty Areas
	Report tripping hazards to your officer of the day or site manager. Trip hazards in walkways note and report to site manager Mr C Patterson	
	Wear suitable footwear	At no times will anyone go in barefoot
		Wear unsuitable footwear that may cause slips, trips and falls
	Use the correct access equipment when you cannot reach items	

Hazards:	Precautions DO:	Precautions DO NOT
Work equipment	Use any work equipment in accordance with the instructions and training provided and for the purposes intended	Use defective or dangerous work equipment
	Report defects in work equipment to your manager	Attempt to modify or repair work equipment
	Use hand tools carefully and for their correct purpose	Use work equipment for a purpose for which it was not designed
	Follow the manufacturer's instructions in the correct use of the equipment	

Hazards:	Precautions DO:	Precautions DO NOT
Manual handling	Lift equipment, Oars and auxiliary equipment and other items carefully and in accordance with the manual handling instructions received	Attempt to lift anyone or anything if you feel it is beyond your physical capability
	use any manual handling aids provided	
	Report manual handling hazards to your manager	

Hazards:	Precautions DO:	Precautions DO NOT
Housekeeping and cleaning	Keep working areas tidy, returning equipment and materials to their current storage points at the end of each day	Work untidily
	Keep floors clear of obstruction	Leave waste materials on the floor
	Keep your working area clean	

Hazards:	Precautions DO:	Precautions DO NOT
Stacking and storage	Ensure craft are stacked on the shelving or racking provided, or in a separately designated storage area	Obstruct the gangways
	Ensure marked gangways are kept clear at all times	Place frequently used items out of reach

Hazards:	Precautions DO:	Precautions DO NOT
Hazardous substances		Smoke when handling substance
	Check safety data sheets for correct storage and handling	
	Use substances in accordance with manufacturers' instructions	Mix substances unless you have authority to do so
	Keep the lids on the substances unless for immediate use	Leave substances unattended when they have been removed from the cabinet for use
	Take care to avoid spillages of substances	
	Deal with spillages immediately using the appropriate spillage control medium	
	Take care when weighing and transporting substances	
	Store used or soiled rags in the metal bin	
	Comply with your duties under the Control of Substances to Health Regulations	

Hazards:	Precautions DO:	Precautions DO NOT
Glass	Remove broken glass carefully from the working area as soon as is practicable	

Hazards:	Precautions DO:	Precautions DO NOT
Violence at work	Attempt to calm the situation and call a manager in the event of violent or aggressive behaviour from customers, visitors	Put your self at risk in the event of violent or aggressive behaviour

4. Statement of Policy on Health and Safety Training Appendix H

The organisation recognises its duties under the Health and Safety at Work etc Act 1974 and regulations made hereunder to provide health and safety training for all employees.

Appropriate health and safety training will be provided for all employees in the following circumstances:

- (a) on recruitment (induction training);
- (b) on transfer of role;
- (c) On change of responsibilities e.g. promotion;
- (d) on the introduction of new work equipment or a change respecting equipment already in use;
- (e) on the introduction of new technology;
- (f) on the introduction of a new system of work or a change respecting an existing system of work;
- (g) in the correct and safe use of hazardous substances;
- (h) in correct manual handling techniques;
- (i) in the correct use of personal protective equipment; and
- (j) with respect to any other health and safety-related issue considered necessary by the organisation.

5. Statement of Policy on the Provision of Health and Safety Information

The organisation recognises its duties under the Health and Safety at Work etc Act 1974 and regulations made hereunder to provide comprehensible and relevant information to employees on the hazards that may arise during their work and the precautions necessary.

Health and safety information will be provided by the health and safety adviser to any employee seeking such information.

External sources of information include:

- (a) the Health and Safety Executive;
- (b) local Environmental Health Departments;
- (c) the Royal Society for the Prevention of Accidents;
- (d) the British Safety Council.
- (e) British Rowing And British Rowing Development Officer

6. Statement of Policy with respect to Young Persons at Work

The organisation recognises its duties towards young persons under the Health and Safety at Work etc Act 1974 and, in particular, the Management of Health and Safety at Work Regulations 1999.

The organisation hereby undertakes to ensure that young persons employed by them are protected at work from any risks to their health or safety which are a consequence of their lack of experience, or absence of awareness of existing or potential risks, or the fact that young persons have not fully matured

The organisation will not employ a young person for work:

(a) which is beyond his physical or psychological capacity; or

(b) which involves the risk of accidents which it may reasonably be assumed cannot be recognised or avoided by young persons owing to their insufficient attention to safety or lack of experience or training,

and in determining whether work will involve harm or risks, regard shall be had to the results of the risk assessment carried out under regulation 3(1) of the above regulations.

Nothing in the above paragraph shall prevent the employment of a young person for work:

(a) where it is necessary for his training;

(b) where the young person will be supervised by a competent person; and

(c) where any risk will be reduced to the lowest level that is reasonably practicable.

For the purposes of this Statement of Policy, a young person means any person who has not attained the age of eighteen years.

(Management of Health and Safety at Work Regulations 1999)

7. Statement of Policy on Smoking at Work

The organisation recognises its duties under the Health & Safety at Work etc Act 1974 and in particular that:

(a) it has a duty to protect, so far as is reasonably practicable, the health of employees and to provide a safe and healthy working environment; and

(b) smoking is a risk to the health of smokers and non-smokers alike.

To this extent, smoking is not permitted on the organisation's indoor premises.

Managers are responsible for enforcing this policy and all employees are responsible for complying with same. Job applicants must be informed at interview stage of the requirements of this policy.

Employees are advised that disciplinary action may be taken against employees contravening this policy.

8. Statement of Policy on Violence at Work

The organisation recognises that, from time to time, employees may be subject to both violence and aggression at work. Violence may take the form of bullying, physical contact, harassment, insulting behaviour, racist and sexist behaviour and other forms of behaviour which may cause stress to employees.

The organisation undertakes to take all necessary measures to prevent risk of physical injury and stress to employees arising from violence at work. All instances of violence must be reported forthwith to the employee's manager. Disciplinary action, including dismissal, will be taken in proven cases of violence or aggressive behaviour by one employee towards another employee.

In cases where employees, visitors, members of the public and other persons attending the premises have a past record of violence or aggressive behaviour, employees must always be accompanied by another employee when attending to or dealing with such persons.

The organisation reserves the right to deny access to their premises of persons with a past record of violence or aggressive behaviour

